



UNLEASHED

Volume 33 Issue 2 A publication of the Central Ohio Labrador Retriever Club February 2022

2022 Meeting/Event Dates

Meeting: Wednesday, February 9

6:30p.m.

Pizza for dinner at the home of Jan Eichensehr



Meeting/Event Dates

February 9	Wednesday
March 2	Wednesday
April 6	Wednesday
May 1	Health Clinic
June 1	Wednesday
July 6	Wednesday
September 7	Wednesday
October 5	Wednesday
November 2	Wednesday
December	TBA

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CHECK OUT CENTRAL OHIO LABRADOR RETRIEVER CLUB ON FACEBOOK

[HTTPS://WWW.FACEBOOK.COM/GROUPS/575516432535825/](https://www.facebook.com/groups/575516432535825/)

Meeting Agenda

- Health Clinic
- 2022 Spring Specialty
 - ◊ AKC Approval
 - ◊ Hospitality/Flower Budget
- Possible Speakers' Topics
- 12 Month Club Calendar
- Club Dues/Excel Member + Officer Lists

2022 Membership Dues

Dues are \$25 annually for a single membership and \$40 for a joint membership. Business cards will be placed on the COLRC website for the year at a cost of \$50.

Please Bring your check to the February Meeting or mail by January 31 to Linda Bednarski at 7840 Cheshire Rd., Galena, OH. 43021

If you have changes from last year please be sure to include those also.

Any questions, please contact Linda at Linda@tullamorelabs.com

End of An Era

Jennifer Stotts

At the November meeting, after much discussion, the board decided that the Central Ohio Labrador Retriever Club will no longer hold a fall specialty. Our club first began selecting breeder judges for Labradors in 2001, in conjunction with the Delaware Ohio Kennel Club, with Mary and Barbara Cox judging regular classes and Donna Reece judging sweepstakes. In 2005, we were listed as a specialty in conjunction with DOKC, with Barbara Gilchrist judging regular classes and Michael Silva judging sweeps. Then in 2007, we added a one-day independent specialty on Fridays. In 2011, we dropped the Friday independent specialty and held our specialty in conjunction with DOKC, which we have done since.

In 2021, we joined Miami Valley Labrador Retriever Club and held an independent specialty on the Sunday following their two shows. Going forward, the club plans to continue holding this specialty with MVLRC in May.

The decision was not an easy one. As a club, our goal from the outset was to hold specialties. However, the active membership of the club has dwindled significantly since that initial specialty. The bulk of the work to hold this two-day specialty with DOKC has fallen on a handful of people. When our most recent show chairperson announced her resignation as chair, it provided the impetus needed to begin the discussion of whether we wanted to go forward with our fall specialty. From the outset, as a club, we wanted to have unique trophies, a hearty meal for the typically cold weather, fall decorations, ribbons that look like the winner won something "special" and a raffle that drew a crowd. I think we surpassed all expectations on those fronts. However, the drain on club finances and manpower was substantial. The inability to

hold our annual health clinic in 2020 and 2021 was another blow to our budget. Thus, after taking all these factors into consideration, it was a unanimous decision to forego holding the fall specialty going forward.

I think we all have fun memories from our years with Delaware: showing outdoors in the sleet and snow; Sally's giant vat of applesauce, handing out gloves and mittens to our exhibitors; Mel's Diner; the buckeyes; our outstanding raffles; and so much more. It's the end of an era. We will now direct our energies and finances toward our one-day spring specialty in May. Hope to see you there!

Health Clinic

The club will be back on schedule hosting our annual health clinic in 2022!

Dr. Mann's Veterinary Clinic has graciously agreed to host us once again and our favorite ophthalmologist, Dr. Anne Metzler, and our favorite cardiologist Dr. Karsten Schober, will be conducting eye exams and heart auscultations again.

The clinic will be held the first Sunday in May. I will begin taking appointments in February of 2022. Hope to see you there!

~Jennifer Stotts

Down 'n Back

Captain Nick's Barnacle Bill
Columbiana Kennel Club
1/7/2022

Reserve Winners Dog
Owner: Christine Nickerson

Captain Nick's Barnacle Bill
Rubber City Kennel Club
1/9/2022

Reserve Winners Dog
Owner: Christine Nickerson

Captain Nick's Ship's Belle
Rubber City Kennel Club
1/9/2022

Reserve Winners Bitch
Owner: Christine Nickerson

Captain Nick's Rogue Wave
Medina County CPE
1/15/2022

CPE Speedway Pro Title
Owner: Christine Nickerson

Captain Nick's Shiver Me Timbers
Medina County CPE
1/16/2022

CPE Speedway Elite Title
Owner: Christine Nickerson

ESSENTIAL OILS AND DOGS

Jo Marshall CVT, NREMT
Senior Veterinary Information Specialist

It seems that there is a new horror story every day on essential oils and pets lately. Our Dr Benson addressed the concerns with essential oils and cats in her blog: <https://www.petpoisonhelpline.com/blog/essential-oils-cats/> and now it is time to give our canine friends equal time.



The first thing that I will say about essential oils is that not understanding them or not being educated on appropriate use is what tends to cause the concerns that we see with dogs. If you are going to use essential oils in your daily life, find a reliable source to gain the education that you need to keep yourself, your family, and your pets safe.

What are essential oils? They are basically the volatile, organic component of plants that give each plant its distinctive fragrance and taste. These compounds are found in the roots, stems, leaves, nuts, seed and virtually all parts of the plant. They are considered volatile because their molecules quickly go from a liquid or solid state into a gas or aroma. This is what makes aroma therapy possible. When you open a bottle of an essential oil, you very quickly smell the aroma as the molecules escape the bottle in the form of gas.

We have certainly seen an increase in essential oil toxicity in recent years due to the increase in pet owner's desire to treat more holistically or with natural remedies. In dogs, the most common essential oil toxicities that we see are to Melaleuca or Tea Tree Oil, Pennyroyal, Oil of Wintergreen, and Pine Oils. I want to break down each one of these potential toxins to give you a better understanding of where the danger exists with each of these oils .

Melaleuca oil, also known as tea tree oil, is our most common essential oil offender in toxicities to dog. Tea tree oil originates from the leaves of the Australian tea tree. These exposures often occur with application or administration of the concentrated tea tree-oil by well-meaning pet owners attempting to treat their pet for various skin conditions or external parasites such as fleas. It is equally absorbed with both dermal or oral administration and both result in toxicity. These toxicities are not caused by the very low concentrations of tea tree oil in the various shampoos made for dogs. The concentrated products are the primary culprit. We can see signs of depression, ataxia (very uncoordinated gait), paralysis of the rear legs, vomiting, hypothermia (low body temperature), and dermal irritation. These exposures will require veterinary intervention. The signs can be present for up to 4 days with aggressive care and treatment.

Pennyroyal is an oil from *Mentha Pulegium*, more commonly known as European Pennyroyal or squaw mint. Pennyroyal has a long history in folk medicine with use as an insect repellent. It can be used by unsuspecting pet owners to treat flea infestations or to try to prevent flea infestations. Again, oral or dermal exposures can both result in toxicity. The short answer on the toxicity with pennyroyal is that it causes hepatic necrosis or liver failure. We can see the dog become sick after exposure with vomiting, diarrhea, both of which can be bloody, lethargy and death due to hepatic necrosis. Again, aggressive veterinary care is needed to try to support the liver and prevent liver failure. Pennyroyal is a known toxin to dogs and all forms of it should be avoided in dogs.

Our third essential oil of concern is Oil of Wintergreen. It is derived from the *Gaultheria Procumbens* or the Eastern Teaberry. Long story short, Oil of Wintergreen contains methyl salicylates, more commonly know as aspirin. It is many times used topically as a pain reliever for muscle aches and pains but may also be used in holiday candies with bakers having bottle of concentrated product. Dogs can show signs of aspirin toxicity and we can see signs of vomiting due to severe gastrointestinal upset and ulcers, along with potential renal and liver failure. Aggressive veterinary care is needed for gastrointestinal protection and renal and hepatic support.

On to Pine Oils. Pine oils are derived from *Pinus sylvestris* or the Scots Pine located in Europe. In fact, it is the national tree of Scotland. Pine oils are used as a natural disinfectant, deodorizer, household cleaning products and massage oils. The touted benefits of pine oil include increasing circulation, aids

in decreasing swelling, tenderness and pain in sore joints and muscles along with antibacterial properties. What we can see in dogs with dermal or oral exposure can be dermal or gastrointestinal irritation, vomiting that may be bloody, drooling, weakness, ataxia, along with affects to the central nervous system, and potential renal and liver affects. Again, aggressive care is needed to limit or decrease the exposure and prevent worsening clinical signs.

Another element of concern with essential oils is with the risk of aspiration and aspiration pneumonia. Because of the viscosity of oils, we get concerned with the dog getting the oil in their lungs not only when ingesting it, but because of the irritation that it can cause to the gastrointestinal tract, we can see the oil be aspirated when it is vomited back up. For this reason, we do not recommend induction of emesis with oil products and immediate veterinary care is needed with most of these exposures.

Prevention is the best medicine in limiting essential oil toxicities in dogs. Many of the exposures that we deal with are from well-meaning pet owners that have used an essential oil without knowing the consequences or risks involved with these types of volatile oils. I would recommend discussing any use of essential oils with your veterinarian prior to use. If they do not have experience with essential oils, they will likely know someone in the veterinary profession that they can refer you to get the information that you need for safe use of essential oils.

If you have an exposure to an essential oil product in your pet, please do not hesitate to contact us for information. We are here 24/7 to assist you and your pet!

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General COLRC Information



The **UNLEASHED!** is a publication by and for the members of the **Central Ohio Labrador Retriever Club** and others interested in the betterment of the sport and advancement of cooperative communication within the Labrador community and the dog fancy.

The articles and information contained in this publication have been deemed by the editor to be of interest to our readers but do not necessarily reflect the beliefs or the opinions of the editor or COLRC members. Reader input is actively solicited.

Please address or email all articles, announcements, comments and suggestions to newsletter@colrc.com. Unleashed is published ten to twelve times per year. Closing for each issue is the 20th day of the month prior to publication.

Dues are \$25 annually for a single membership and \$40 for a joint membership. Business cards will be placed on the COLRC website for the year at a cost of \$50 for members and non-members.

Club members who wish to utilize the Litter Listing Column of the newsletter and website will be required to pay \$50 per litter listing unless they have worked at two of our three club events during the course of the year.

Meetings General meetings shall take place the first Wednesday of every month unless otherwise noted.

OFFICERS

President.....	Sally Bell	(Term expires Dec 2022)
Vice President.....	Lori Bentine	(Term expires Dec 2022)
Treasurer.....	Linda Bednarski	(Term expires Dec 2022)
Secretary.....	Brian Tipton	(Term expires Dec 2022)

COMMITTEE CHAIRPERSONS

Membership.....	Linda Bednarski
Newsletter.....	Christine Nickerson
Puppy Match.....	Linda Bednarski
Show Chair.....	Lori Bentine
Eye Clinic.....	Jennifer Stotts

BOARD OF DIRECTORS

Cindy Gerhan	(Term expires Dec 2023)
Christine Kofron	(Term expires Dec 2023)
Jennifer Stotts	(Term expires Dec 2023)
Cora Fleming	(Term expires Dec 2023)